



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Kneise, Dr. Julia

Club: Langstrecke Arnstadt Fangirls
Number: 195

Course: 3.50 km
Jugend- und Jedermannlauf

Category:
Jederfrau

Total time: 23:38

Speed: 7.62 km/h
Running performance: 6:45 min/km

Rank in course/Total: 51 (of 51)
Rank in course/Women: 25 (of 25)
Best time in course: 13:38

Rank in category: 5(of 5)
Best time in the category: 17:14