



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

**Rehberg, Christian**

Club: SSV Blau Weiß Wollersleben  
Number: 297

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M30 (30-34)

Total time: 44:50

Speed: 13.38 km/h  
Running performance: 4:14 min/km

Rank in course/Total: 4 (of 89)

Rank in course/Men: 4 (of 65)

Best time in course: 41:52

Rank in category: 1(of 5)

Best time in the category: 44:50