



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Bähr, Johannes

Club: Traktor Rehestädt
Number: 231

Course: 10.60 km
Hauptlauf

Category:
Senioren M35 (35-39)

Total time: 46:46

Speed: 12.83 km/h
Running performance: 4:25 min/km

Rank in course/Total: 9 (of 89)

Rank in course/Men: 9 (of 65)

Best time in course: 41:52

Rank in category: 2(of 6)

Best time in the category: 43:43