



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Herrmann, Maik

Club: SC Impuls Erfurt / TRCT Racing Team
Number: 261

Course: 10.60 km
Hauptlauf

Category:
Senioren M45 (45-49)

Total time: 47:23

Speed: 12.66 km/h
Running performance: 4:28 min/km

Rank in course/Total: 11 (of 89)

Rank in course/Men: 11 (of 65)

Best time in course: 41:52

Rank in category: 2(of 13)

Best time in the category: 46:31