



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

**Krauß, Dominik**

Club: SV 90 Gräfenroda e.V.  
Number: 279

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M45 (45-49)

Total time: 52:47

Speed: 11.37 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 17 (of 89)

Rank in course/Men: 17 (of 65)

Best time in course: 41:52

Rank in category: 3(of 13)

Best time in the category: 46:31