



44. Alteburglauf

Arnstadt / 05.05.2023

Detailed evaluation

Wagner, Philipp

Club: Langstrecke Arnstadt
Number: 376

Course: 21.00 km
Halbmarathon

Category:
Senioren M35 (35-39)

Total time: 1:52:28

Speed: 11.20 km/h
Running performance: 5:22 min/km

Rank in course/Total: 6 (of 27)

Rank in course/Men: 6 (of 24)

Best time in course: 1:31:35

Rank in category: 1(of 4)

Best time in the category: 1:52:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.50	54:32	5:11	1	-	4	10:18	10.50	54:32	5:11	1	-	4	10:18
Lap 2	10.40	57:33	5:32	1	-	7	10:34	20.90	1:52:05	5:21	1	-	6	20:52
Last lap Alteburg	0.10	0:23	3:50	1	-	5	0:04	21.00	1:52:28	5:21	1	-	6	20:53