



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Rütze, Torsten

Club: SV 09 Arnstadt
Number: 299

Course: 10.60 km
Hauptlauf

Category:
Senioren M50 (50-54)

Total time: 54:43

Speed: 10.97 km/h
Running performance: 5:10 min/km

Rank in course/Total: 25 (of 89)

Rank in course/Men: 24 (of 65)

Best time in course: 41:52

Rank in category: 4(of 8)

Best time in the category: 46:01