



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Voßhage, Ron

Club: Döllbergverein
Number: 318

Course: 10.60 km
Hauptlauf

Category:
Senioren M30 (30-34)

Total time: 55:41

Speed: 10.78 km/h
Running performance: 5:15 min/km

Rank in course/Total: 27 (of 89)

Rank in course/Men: 26 (of 65)

Best time in course: 41:52

Rank in category: 3(of 5)

Best time in the category: 44:50