



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

**Barabasch, Kristin**

Club: Amt Wachsenburg  
Number: 233

Course: 10.60 km  
Hauptlauf

Category:  
Seniorinnen W40 (40-44)

Total time: 56:01

Speed: 11.35 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 29 (of 89)

Rank in course/Women: 2 (of 24)

Best time in course: 53:35

Rank in category: 1(of 6)

Best time in the category: 56:01