



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Hempel, Peter

Club: Eisenach
Number: 260

Course: 10.60 km
Hauptlauf

Category:
Senioren M30 (30-34)

Total time: 56:06

Speed: 10.70 km/h
Running performance: 5:17 min/km

Rank in course/Total: 31 (of 89)

Rank in course/Men: 28 (of 65)

Best time in course: 41:52

Rank in category: 4(of 5)

Best time in the category: 44:50