



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Kaufmann, Dominique

Club: Arnstadt läuft
Number: 267

Course: 10.60 km
Hauptlauf

Category:
Senioren M40 (40-44)

Total time: 56:13

Speed: 10.67 km/h
Running performance: 5:18 min/km

Rank in course/Total: 32 (of 89)

Rank in course/Men: 30 (of 65)

Best time in course: 41:52

Rank in category: 5(of 14)

Best time in the category: 41:52