



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Wächter, Hartmut

Club: SG Motor Arnstadt
Number: 319

Course: 10.60 km
Hauptlauf

Category:
Senioren M70 (70-74)

Total time: 56:39

Speed: 10.59 km/h
Running performance: 5:20 min/km

Rank in course/Total: 35 (of 89)

Rank in course/Men: 32 (of 65)

Best time in course: 41:52

Rank in category: 1(of 2)

Best time in the category: 56:39