



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Winkler, Norman

Club: Laufladen Erfurt OCR Team
Number: 327

Course: 10.60 km
Hauptlauf

Category:
Senioren M45 (45-49)

Total time: 57:45

Speed: 10.39 km/h
Running performance: 5:27 min/km

Rank in course/Total: 40 (of 89)

Rank in course/Men: 36 (of 65)

Best time in course: 41:52

Rank in category: 6(of 13)

Best time in the category: 46:31