



# 44. Alteburglauf

Arnstadt / 05.05.2023

## Detailed evaluation

**Meurer, Ingo**

Club: Die flinken Gerataler/TRCT Racing Team  
Number: 367

Course: 21.00 km  
Halbmarathon

Category:  
Senioren M50 (50-54)

Total time: 1:59:05

Speed: 10.58 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 14 (of 27)

Rank in course/Men: 13 (of 24)

Best time in course: 1:31:35

Rank in category: 2(of 5)

Best time in the category: 1:45:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.50	56:51	5:24	2	2:19	10	12:37	10.50	56:51	5:24	2	2:19	10	12:37
Lap 2	10.40	1:01:42	5:55	2	10:38	14	14:43	20.90	1:58:33	5:40	2	12:57	13	27:20
Last lap Alteburg	0.10	0:32	5:19	4	0:10	17	0:13	21.00	1:59:05	5:40	2	13:07	13	27:30