



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Hille, Helmut

Club: Laufftreff Alteburg
Number: 264

Course: 10.60 km
Hauptlauf

Category:
Senioren M70 (70-74)

Total time: 1:03:52

Speed: 9.39 km/h
Running performance: 6:02 min/km

Rank in course/Total: 62 (of 89)

Rank in course/Men: 47 (of 65)

Best time in course: 41:52

Rank in category: 2(of 2)

Best time in the category: 56:39