



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Wenzlaff, Norbert

Club: Arnstadt
Number: 324

Course: 10.60 km
Hauptlauf

Category:
Senioren M60 (60-64)

Total time: 1:04:40

Speed: 9.28 km/h
Running performance: 6:06 min/km

Rank in course/Total: 67 (of 89)

Rank in course/Men: 51 (of 65)

Best time in course: 41:52

Rank in category: 5(of 6)

Best time in the category: 55:04