



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Neübuser, Swen

Club: Stadtilm
Number: 289

Course: 10.60 km
Hauptlauf

Category:
Senioren M45 (45-49)

Total time: 1:14:44

Speed: 8.03 km/h
Running performance: 7:03 min/km

Rank in course/Total: 86 (of 89)

Rank in course/Men: 64 (of 65)

Best time in course: 41:52

Rank in category: 13(of 13)

Best time in the category: 46:31