



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

**Haupt, Matthias**

Club: Arnstadt  
Number: 258

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M40 (40-44)

Total time: 1:05:00

Speed: 9.23 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 68 (of 89)

Rank in course/Men: 52 (of 65)

Best time in course: 41:52

Rank in category: 11(of 14)

Best time in the category: 41:52