



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Bähr, Thomas

Club: Traktor Rehestädt
Number: 232

Course: 10.60 km
Hauptlauf

Category:
Senioren M60 (60-64)

Total time: 1:07:02

Speed: 8.95 km/h
Running performance: 6:19 min/km

Rank in course/Total: 72 (of 89)

Rank in course/Men: 55 (of 65)

Best time in course: 41:52

Rank in category: 6(of 6)

Best time in the category: 55:04