



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Rabe, Louise

Club: Plaue
Number: 296

Course: 10.60 km
Hauptlauf

Category:
Frauen (20-29)

Total time: 1:07:52

Speed: 8.84 km/h
Running performance: 6:24 min/km

Rank in course/Total: 74 (of 89)

Rank in course/Women: 18 (of 24)

Best time in course: 53:35

Rank in category: 2(of 2)

Best time in the category: 1:03:39