



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Prescher, Frank

Club: USV Erfurt
Number: 294

Course: 10.60 km
Hauptlauf

Category:
Senioren M45 (45-49)

Total time: 1:10:12

Speed: 8.55 km/h
Running performance: 6:37 min/km

Rank in course/Total: 78 (of 89)

Rank in course/Men: 59 (of 65)

Best time in course: 41:52

Rank in category: 12(of 13)

Best time in the category: 46:31