



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

**Polzin, Luise**

Club: Arnstadt  
Number: 107

Course: 1.20 km  
Schüler- und Jedermannslauf

Category:  
weibliche Kinder U10 (8-9)

Total time: 6:57

Speed: 10.36 km/h  
Running performance: 5:47 min/km

Rank in course/Total: 64 (of 157)  
Rank in course/Women: 33 (of 87)  
Best time in course: 5:34

Rank in category: 11(of 34)  
Best time in the category: 5:56