



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

**Sander, Annett**

Club: Arnstadt  
Number: 125

Course: 1.20 km  
Schüler- und Jedermannslauf

Category:  
Jederfrau 1,2 km

Total time: 7:23

Speed: 8.13 km/h  
Running performance: 6:09 min/km

Rank in course/Total: 86 (of 157)

Rank in course/Women: 49 (of 87)

Best time in course: 5:34

Rank in category: 7(of 12)

Best time in the category: 5:34