



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

Ziegler, Sophia

Club: SV Eintracht Frankenhain e.V.  
Number: 168

Course: 1.20 km  
Schüler- und Jedermannslauf

Category:  
weibliche Kinder U10 (8-9)

Total time: 7:30

Speed: 8.00 km/h  
Running performance: 6:15 min/km

Rank in course/Total: 94 (of 157)

Rank in course/Women: 53 (of 87)

Best time in course: 5:34

Rank in category: 24(of 34)

Best time in the category: 5:56