



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

Jörg, Lena

Club: HSG Ilmkreis  
Number: 60

Course: 1.20 km  
Schüler- und Jedermannslauf

Category:  
weibliche Kinder U6 (4-5)

Total time: 8:27

Speed: 8.52 km/h  
Running performance: 7:02 min/km

Rank in course/Total: 120 (of 157)

Rank in course/Women: 71 (of 87)

Best time in course: 5:34

Rank in category: 1(of 9)

Best time in the category: 8:27