



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Sehrt, Friedrich

Club: SG Motor Arnstadt
Number: 139

Course: 1.20 km
Schüler- und Jedermannslauf

Category:
männliche Kinder U10 (8-9)

Total time: 5:33

Speed: 10.81 km/h
Running performance: 4:37 min/km

Rank in course/Total: 4 (of 157)

Rank in course/Men: 3 (of 70)

Best time in course: 5:14

Rank in category: 1(of 21)

Best time in the category: 5:33