



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

**Pleißner, Jacob**

Club: LSV Lok Arnstadt  
Number: 104

Course: 1.20 km  
Schüler- und Jedermannslauf

Category:  
männliche Kinder U12 (10-11)

Total time: 5:38

Speed: 10.65 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 7 (of 157)

Rank in course/Men: 6 (of 70)

Best time in course: 5:14

Rank in category: 4(of 18)

Best time in the category: 5:17