



44. Alteburglauf
Arnstadt / 05.05.2023

Detailed evaluation

Nimmow, Marius

Club: Arnstadt
Number: 99

Course: 1.20 km
Schüler- und Jedermannslauf

Category:
Jedermann 1,2 km

Total time: 5:39

Speed: 10.62 km/h
Running performance: 4:43 min/km

Rank in course/Total: 9 (of 157)

Rank in course/Men: 7 (of 70)

Best time in course: 5:14

Rank in category: 2(of 9)

Best time in the category: 5:14