



44. Alteburglauf  
Arnstadt / 05.05.2023

## Detailed evaluation

Esche, Felix

Club: Arnstadt  
Number: 31

Course: 1.20 km  
Schüler- und Jedermannslauf

Category:  
männliche Kinder U10 (8-9)

Total time: 5:42

Speed: 10.53 km/h  
Running performance: 4:45 min/km

Rank in course/Total: 10 (of 157)

Rank in course/Men: 8 (of 70)

Best time in course: 5:14

Rank in category: 2(of 21)

Best time in the category: 5:33