



# 9. Arnstädter Alteburgstaffellauf

Arnstadt / 17.05.2023

## Detailed evaluation

### Liberales Laufteam FDP IIm-Kreis

Club: Liberales Laufteam FDP IIm-Kreis

Number: 25

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 32:33

Speed: 11.06 km/h

Running performance: 5:25 min/km

Rank in course: 10 (of 26)

Best time in course: 25:51

Rank in category: 10(of 26)

Best time in the category: 25:51

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	6:13	5:10	17	1:41	17	1:41	1.20	6:13	5:10	17	1:41	17	1:41
Wechsel	1.20	6:23	5:19	6	1:02	6	1:02	2.40	12:36	5:15	12	2:43	12	2:43
Wechsel	1.20	6:27	5:22	8	0:52	8	0:52	3.60	19:03	5:17	12	3:35	12	3:35
Wechsel	1.20	6:55	5:45	12	1:45	12	1:45	4.80	25:58	5:24	11	5:20	11	5:20
Finish	1.20	6:35	5:29	16	1:22	16	1:22	6.00	32:33	5:25	10	6:42	10	6:42