



9. Arnstädter Alteburgstaffellauf

Arnstadt / 17.05.2023

Detailed evaluation

ALTEBURG-LAUFTREFF

Club: ALTEBURG-LAUFTREFF

Number: 1

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 32:59

Speed: 10.91 km/h

Running performance: 5:30 min/km

Rank in course: 11 (of 26)

Best time in course: 25:51

Rank in category: 11(of 26)

Best time in the category: 25:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:32	4:36	9	1:00	9	1:00	1.20	5:32	4:36	9	1:00	9	1:00
Wechsel	1.20	6:33	5:27	8	1:12	8	1:12	2.40	12:05	5:02	7	2:12	7	2:12
Wechsel	1.20	6:34	5:28	10	0:59	10	0:59	3.60	18:39	5:10	9	3:11	9	3:11
Wechsel	1.20	6:46	5:38	10	1:36	10	1:36	4.80	25:25	5:17	9	4:47	9	4:47
Finish	1.20	7:34	6:18	20	2:21	20	2:21	6.00	32:59	5:29	11	7:08	11	7:08