



# 9. Arnstädter Alteburgstaffellauf

Arnstadt / 17.05.2023

## Detailed evaluation

### BGM-Auswahl

Club: BGM-Auswahl

Number: 2

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 37:34

Speed: 9.58 km/h

Running performance: 6:16 min/km

Rank in course: 22 (of 26)

Best time in course: 25:51

Rank in category: 22(of 26)

Best time in the category: 25:51

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Pos		Behind	
				Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total	
Wechsel	1.20	6:44	5:36	21	2:12	21	2:12	1.20	6:44	5:36	21	2:12	21	2:12	
Wechsel	1.20	6:50	5:41	14	1:29	14	1:29	2.40	13:34	5:39	17	3:41	17	3:41	
Wechsel	1.20	7:14	6:01	16	1:39	16	1:39	3.60	20:48	5:46	18	5:20	18	5:20	
Wechsel	1.20	8:52	7:23	24	3:42	24	3:42	4.80	29:40	6:10	20	9:02	20	9:02	
Finish	1.20	7:54	6:35	22	2:41	22	2:41	6.00	37:34	6:15	22	11:43	22	11:43	