



9. Arnstädter Alteburgstaffellauf

Arnstadt / 17.05.2023

Detailed evaluation

Marienstift Arnstadt

Club: Marienstift Arnstadt

Number: 11

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 41:22

Speed: 8.70 km/h

Running performance: 6:53 min/km

Rank in course: 23 (of 26)

Best time in course: 25:51

Rank in category: 23(of 26)

Best time in the category: 25:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	7:08	5:56	22	2:36	22	2:36	1.20	7:08	5:56	22	2:36	22	2:36
Wechsel	1.20	8:07	6:45	21	2:46	21	2:46	2.40	15:15	6:21	22	5:22	22	5:22
Wechsel	1.20	7:55	6:35	23	2:20	23	2:20	3.60	23:10	6:26	22	7:42	22	7:42
Wechsel	1.20	9:26	7:51	25	4:16	25	4:16	4.80	32:36	6:47	24	11:58	24	11:58
Finish	1.20	8:46	7:18	24	3:33	24	3:33	6.00	41:22	6:53	23	15:31	23	15:31