



9. Arnstädter Alteburgstaffellauf

Arnstadt / 17.05.2023

Detailed evaluation

RSV Adler Arnstadt e.V. - die jungen Adler **Total time: 41:48**

Club: RSV Adler Arnstadt e.V. - die jungen Adler 1
Number: 14

Speed: 8.61 km/h

Running performance: 6:58 min/km

Course: 6.00 km
Staffel 5 x 1,2 km

Rank in course: 24 (of 26)

Best time in course: 25:51

Category:

Rank in category: 24(of 26)

Staffel

Best time in the category: 25:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Wechsel	1.20	9:08	7:36	26	4:36	26	4:36	1.20	9:08	7:36	26	4:36	26	4:36
Wechsel	1.20	7:29	6:14	19	2:08	19	2:08	2.40	16:37	6:55	24	6:44	24	6:44
Wechsel	1.20	7:20	6:06	18	1:45	18	1:45	3.60	23:57	6:39	24	8:29	24	8:29
Wechsel	1.20	8:03	6:42	23	2:53	23	2:53	4.80	32:00	6:40	23	11:22	23	11:22
Finish	1.20	9:48	8:10	26	4:35	26	4:35	6.00	41:48	6:57	24	15:57	24	15:57