



9. Arnstädter Alteburgstaffellauf

Arnstadt / 17.05.2023

Detailed evaluation

Team Regenbogen

Club: Team Regenbogen

Number: 24

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 43:32

Speed: 8.27 km/h

Running performance: 7:16 min/km

Rank in course: 25 (of 26)

Best time in course: 25:51

Rank in category: 25(of 26)

Best time in the category: 25:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	8:03	6:42	25	3:31	25	3:31	1.20	8:03	6:42	25	3:31	25	3:31
Wechsel	1.20	10:11	8:29	26	4:50	26	4:50	2.40	18:14	7:35	26	8:21	26	8:21
Wechsel	1.20	11:22	9:28	26	5:47	26	5:47	3.60	29:36	8:13	26	14:08	26	14:08
Wechsel	1.20	7:47	6:29	20	2:37	20	2:37	4.80	37:23	7:47	25	16:45	25	16:45
Finish	1.20	6:09	5:07	7	0:56	7	0:56	6.00	43:32	7:15	25	17:41	25	17:41