



9. Arnstädter Alteburgstaffellauf

Arnstadt / 17.05.2023

Detailed evaluation

Marienstift Arnstadt - Friedrich-Behr-Haus Total time: 46:33

Club: Marienstift Arnstadt - Friedrich-Behr-Haus
Number: 12

Speed: 7.73 km/h
Running performance: 7:46 min/km

Course: 6.00 km
Staffel 5 x 1,2 km

Rank in course: 26 (of 26)

Best time in course: 25:51

Category:

Rank in category: 26(of 26)

Staffel

Best time in the category: 25:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	7:54	6:35	24	3:22	24	3:22	1.20	7:54	6:35	24	3:22	24	3:22
Wechsel	1.20	8:49	7:20	25	3:28	25	3:28	2.40	16:43	6:57	25	6:50	25	6:50
Wechsel	1.20	10:04	8:23	25	4:29	25	4:29	3.60	26:47	7:26	25	11:19	25	11:19
Wechsel	1.20	10:55	9:05	26	5:45	26	5:45	4.80	37:42	7:51	26	17:04	26	17:04
Finish	1.20	8:51	7:22	25	3:38	25	3:38	6.00	46:33	7:45	26	20:42	26	20:42