



9. Arnstädter Alteburgstaffellauf

Arnstadt / 17.05.2023

Detailed evaluation

Marienstift Arnstadt - Friedrich-Behr-Haus Total time: 46:33

Club: Marienstift Arnstadt - Friedrich-Behr-Haus
Number: 12

Speed: 7.73 km/h
Running performance: 7:46 min/km

Course: 6.00 km
Staffel 5 x 1,2 km

Rank in course: 26 (of 26)

Best time in course: 25:51

Category:

Rank in category: 26(of 26)

Staffel

Best time in the category: 25:51

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos | | Behind | | Total | | Total | | Pos | | Behind | |
|---------|----------|------------|--------------|------|------|--------|-------|-------|-------|--------|------|-------|-------|--------|--|
| | | | | Cat. | Cat. | Total | Total | km | Time | min/km | Cat. | Cat. | Total | Total | |
| Wechsel | 1.20 | 7:54 | 6:35 | 24 | 3:22 | 24 | 3:22 | 1.20 | 7:54 | 6:35 | 24 | 3:22 | 24 | 3:22 | |
| Wechsel | 1.20 | 8:49 | 7:20 | 25 | 3:28 | 25 | 3:28 | 2.40 | 16:43 | 6:57 | 25 | 6:50 | 25 | 6:50 | |
| Wechsel | 1.20 | 10:04 | 8:23 | 25 | 4:29 | 25 | 4:29 | 3.60 | 26:47 | 7:26 | 25 | 11:19 | 25 | 11:19 | |
| Wechsel | 1.20 | 10:55 | 9:05 | 26 | 5:45 | 26 | 5:45 | 4.80 | 37:42 | 7:51 | 26 | 17:04 | 26 | 17:04 | |
| Finish | 1.20 | 8:51 | 7:22 | 25 | 3:38 | 25 | 3:38 | 6.00 | 46:33 | 7:45 | 26 | 20:42 | 26 | 20:42 | |