



9. Arnstädter Alteburgstaffellauf

Arnstadt / 17.05.2023

Detailed evaluation

Junioren Laufbrigade Angelhausen

Club: Junioren Laufbrigade Angelhausen

Number: 8

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 30:49

Speed: 11.68 km/h

Running performance: 5:08 min/km

Rank in course: 7 (of 26)

Best time in course: 25:51

Rank in category: 7(of 26)

Best time in the category: 25:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	6:05	5:04	14	1:33	14	1:33	1.20	6:05	5:04	14	1:33	14	1:33
Wechsel	1.20	6:41	5:34	11	1:20	11	1:20	2.40	12:46	5:19	15	2:53	15	2:53
Wechsel	1.20	5:43	4:45	2	0:08	2	0:08	3.60	18:29	5:08	6	3:01	6	3:01
Wechsel	1.20	6:10	5:08	6	1:00	6	1:00	4.80	24:39	5:08	7	4:01	7	4:01
Finish	1.20	6:10	5:08	8	0:57	8	0:57	6.00	30:49	5:08	7	4:58	7	4:58