



9. Arnstädter Alteburgstaffellauf

Arnstadt / 17.05.2023

Detailed evaluation

Die Bügeleisenbande

Club: Die Bügeleisenbande

Number: 3

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 31:36

Speed: 11.39 km/h

Running performance: 5:16 min/km

Rank in course: 8 (of 26)

Best time in course: 25:51

Rank in category: 8(of 26)

Best time in the category: 25:51

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|---------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|--|
| | | | | | | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | |
| Wechsel | 1.20 | 5:28 | 4:33 | 8 | 0:56 | 8 | 0:56 | 1.20 | 5:28 | 4:33 | 8 | 0:56 | 8 | 0:56 | |
| Wechsel | 1.20 | 6:44 | 5:36 | 12 | 1:23 | 12 | 1:23 | 2.40 | 12:12 | 5:04 | 8 | 2:19 | 8 | 2:19 | |
| Wechsel | 1.20 | 6:31 | 5:25 | 9 | 0:56 | 9 | 0:56 | 3.60 | 18:43 | 5:11 | 10 | 3:15 | 10 | 3:15 | |
| Wechsel | 1.20 | 6:36 | 5:30 | 8 | 1:26 | 8 | 1:26 | 4.80 | 25:19 | 5:16 | 8 | 4:41 | 8 | 4:41 | |
| Finish | 1.20 | 6:17 | 5:14 | 11 | 1:04 | 11 | 1:04 | 6.00 | 31:36 | 5:15 | 8 | 5:45 | 8 | 5:45 | |