



9. Arnstädter Alteburgstaffellauf

Arnstadt / 17.05.2023

Detailed evaluation

Hammereckis

Club: Hammereckis

Number: 6

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 32:26

Speed: 11.10 km/h

Running performance: 5:25 min/km

Rank in course: 9 (of 26)

Best time in course: 25:51

Rank in category: 9(of 26)

Best time in the category: 25:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:35	4:39	10	1:03	10	1:03	1.20	5:35	4:39	10	1:03	10	1:03
Wechsel	1.20	6:45	5:37	13	1:24	13	1:24	2.40	12:20	5:08	9	2:27	9	2:27
Wechsel	1.20	6:26	5:21	7	0:51	7	0:51	3.60	18:46	5:12	11	3:18	11	3:18
Wechsel	1.20	7:28	6:13	17	2:18	17	2:18	4.80	26:14	5:27	12	5:36	12	5:36
Finish	1.20	6:12	5:10	10	0:59	10	0:59	6.00	32:26	5:24	9	6:35	9	6:35