



31. Arnstädter Citylauf

Arnstadt / 29.04.2023

Detailed evaluation

Aulich, Tabea Linn

Club: Emil-Petri-Schule

Number: 1

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Kinder U12 (10-11 Jahre)

Total time: 16:05

Speed: 11.19 km/h

Running performance: 5:22 min/km

Rank in course/Total: 12 (of 22)

Rank in course/Women: 7 (of 15)

Best time in course: 13:48

Rank in category: 1(of 3)

Best time in the category: 16:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	8:35	4:59	1	-	6	0:40	1.72	8:35	4:59	1	-	6	0:40
Last lap Finish	1.28	7:30	5:51	1	-	8	1:37	3.00	16:05	5:21	1	-	7	2:17