



31. Arnstädter Citylauf

Arnstadt / 29.04.2023

Detailed evaluation

Aulich, Tabea Linn

Club: Emil-Petri-Schule

Number: 1

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Kinder U12 (10-11 Jahre)

Total time: 16:05

Speed: 11.19 km/h

Running performance: 5:22 min/km

Rank in course/Total: 12 (of 22)

Rank in course/Women: 7 (of 15)

Best time in course: 13:48

Rank in category: 1(of 3)

Best time in the category: 16:05

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 1.72 | 8:35 | 4:59 | 1 | - | 6 | 0:40 | 1.72 | 8:35 | 4:59 | 1 | - | 6 | 0:40 |
| Last lap Finish | 1.28 | 7:30 | 5:51 | 1 | - | 8 | 1:37 | 3.00 | 16:05 | 5:21 | 1 | - | 7 | 2:17 |