



31. Arnstädter Citylauf

Arnstadt / 29.04.2023

Detailed evaluation

Fritsche, Feli

Number: 15

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 16:13

Speed: 11.10 km/h

Running performance: 5:25 min/km

Rank in course/Total: 13 (of 22)

Rank in course/Women: 8 (of 15)

Best time in course: 13:48

Rank in category: 5(of 6)

Best time in the category: 13:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	8:59	5:13	5	1:04	10	1:04	1.72	8:59	5:13	5	1:04	10	1:04
Last lap Finish	1.28	7:14	5:39	5	1:21	7	1:21	3.00	16:13	5:24	5	2:25	8	2:25