



31. Arnstädter Citylauf

Arnstadt / 29.04.2023

Detailed evaluation

Kaufmann, Corentin

Club: LSV Lok Arnstadt

Number: 84

Course: 5.00 km

5-km-Lauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 23:32

Speed: 12.75 km/h

Running performance: 4:43 min/km

Rank in course/Total: 7 (of 30)

Rank in course/Men: 6 (of 20)

Best time in course: 20:08

Rank in category: 2(of 4)

Best time in the category: 22:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Lap 1	1.38	6:12	4:29	2	0:28	6	0:43	1.38	6:12	4:29	2	0:28	6	0:43
Lap 2	2.34	11:29	4:54	2	0:42	8	1:59	3.72	17:41	4:45	2	1:10	8	2:42
Last lap Finish	1.28	5:51	4:34	2	0:13	5	0:42	5.00	23:32	4:42	2	1:23	6	3:24