



31. Arnstädter Citylauf

Arnstadt / 29.04.2023

Detailed evaluation

Beyer, Leni

Total time: 18:56

Number: 14

Speed: 9.51 km/h

Running performance: 6:19 min/km

Course: 3.00 km

Rank in course/Total: 17 (of 22)

McDonald`s 3-km-Lauf

Rank in course/Women: 12 (of 15)

Category:

Best time in course: 13:48

weibliche Jugend U14 (12-13 Jahre)

Rank in category: 6(of 6)

Best time in the category: 13:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	10:23	6:02	6	2:28	11	2:28	1.72	10:23	6:02	6	2:28	11	2:28
Last lap Finish	1.28	8:33	6:40	6	2:40	15	2:40	3.00	18:56	6:18	6	5:08	12	5:08