



31. Arnstädter Citylauf

Arnstadt / 29.04.2023

Detailed evaluation

Wagner, Emma Pauline

Club: SV Eintracht Frankenhain

Number: 8

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Kinder U12 (10-11 Jahre)

Total time: 19:14

Speed: 9.36 km/h

Running performance: 6:25 min/km

Rank in course/Total: 20 (of 22)

Rank in course/Women: 13 (of 15)

Best time in course: 13:48

Rank in category: 3(of 3)

Best time in the category: 16:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Lap 1	1.72	11:12	6:30	3	2:37	13	3:17	1.72	11:12	6:30	3	2:37	13	3:17
Last lap Finish	1.28	8:02	6:16	3	0:32	12	2:09	3.00	19:14	6:24	3	3:09	13	5:26