



31. Arnstädter Citylauf

Arnstadt / 29.04.2023

Detailed evaluation

Hofmann, Anna Katharina

Club: SV Arnstadt 02

Number: 83

Course: 5.00 km

5-km-Lauf

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 30:48

Speed: 9.74 km/h

Running performance: 6:10 min/km

Rank in course/Total: 25 (of 30)

Rank in course/Women: 7 (of 10)

Best time in course: 22:42

Rank in category: 1(of 1)

Best time in the category: 30:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	7:39	5:32	1	-	7	1:55	1.38	7:39	5:32	1	-	7	1:55
Lap 2	2.34	14:50	6:20	1	-	7	4:03	3.72	22:29	6:02	1	-	7	5:58
Last lap Finish	1.28	8:19	6:29	1	-	9	2:08	5.00	30:48	6:09	1	-	7	8:06