



31. Arnstädter Citylauf

Arnstadt / 29.04.2023

Detailed evaluation

Lehmann, Julius

Club: LSV Lok Arnstadt

Number: 178

Course: 10.00 km

10-km-Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 37:41

Speed: 15.92 km/h

Running performance: 3:46 min/km

Rank in course/Total: 2 (of 68)

Rank in course/Men: 2 (of 52)

Best time in course: 36:20

Rank in category: 1(of 2)

Best time in the category: 37:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	5:49	3:28	1	-	3	0:11	1.67	5:49	3:28	1	-	3	0:11
Lap 2	2.35	8:56	3:48	1	-	2	0:14	4.02	14:45	3:40	1	-	2	0:25
Lap 3	2.35	8:58	3:48	1	-	2	0:18	6.37	23:43	3:43	1	-	2	0:43
Lap 4	2.35	9:02	3:50	1	-	2	0:20	8.72	32:45	3:45	1	-	2	1:03
Last lap Finish	1.28	4:56	3:51	1	-	2	0:18	10.00	37:41	3:46	1	-	2	1:21