



31. Arnstädter Citylauf

Arnstadt / 29.04.2023

Detailed evaluation

Voigt, Dominik

Club: TRCT Racing Team

Number: 193

Course: 10.00 km

10-km-Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 39:53

Speed: 15.04 km/h

Running performance: 3:59 min/km

Rank in course/Total: 5 (of 68)

Rank in course/Men: 5 (of 52)

Best time in course: 36:20

Rank in category: 1(of 7)

Best time in the category: 39:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	6:10	3:41	1	-	8	0:32	1.67	6:10	3:41	1	-	8	0:32
Lap 2	2.35	9:29	4:02	1	-	5	0:47	4.02	15:39	3:53	1	-	8	1:19
Lap 3	2.35	9:30	4:02	1	-	4	0:50	6.37	25:09	3:56	1	-	5	2:09
Lap 4	2.35	9:34	4:04	1	-	4	0:52	8.72	34:43	3:58	1	-	5	3:01
Last lap Finish	1.28	5:10	4:02	1	-	4	0:32	10.00	39:53	3:59	1	-	5	3:33