



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Reising, Marcel

Club: erst laufen dann saufen
Number: 339

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 4:02:21

Speed: 6.44 km/h
Running performance: 9:15 min/km

Rank in course/Total: 537 (of 537)

Rank in course/Men: 440 (of 440)

Best time in course: 1:41:44

Rank in category: 59(of 59)

Best time in the category: 2:13:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	26:36	8:03	59	11:09	437	14:24	3.30	26:36	8:03	59	11:09	437	14:24
Schlüsie	3.10	29:54	9:38	59	12:00	440	16:30	6.40	56:30	8:49	59	23:05	437	30:54
Hermannsklippe	2.60	26:59	10:22	59	11:29	438	15:05	9.00	1:23:29	9:16	59	33:50	437	45:59
Brocken	3.10	41:07	13:15	59	16:25	420	22:54	12.10	2:04:36	10:17	59	49:14	436	1:08:53
Eiserner Handwe	3.60	31:22	8:42	59	16:04	439	18:46	15.70	2:35:58	9:56	59	1:04:48	439	1:27:39
Schlüsie	4.10	31:02	7:34	59	15:42	439	19:05	19.80	3:07:00	9:26	59	1:20:30	440	1:46:44
Loddenke	3.10	26:26	8:31	59	14:01	439	16:22	22.90	3:33:26	9:19	59	1:34:31	440	2:03:06
Ilseburg/Markt	3.30	28:55	8:45	59	15:05	438	17:31	26.20	4:02:21	9:15	59	1:49:12	440	2:20:37