



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Cherek, Mara

Club: SG Hamburg West
Number: 794

Course: 3.90 km
3,9 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 20:00

Speed: 9.00 km/h
Running performance: 5:08 min/km

Rank in course/Total: 16 (of 49)

Rank in course/Women: 5 (of 20)

Best time in course: 17:30

Rank in category: 2(of 4)

Best time in the category: 19:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	10:34	5:33	3	0:40	7	1:24	1.90	10:34	5:33	3	0:40	7	1:24
Ilseburg/Markt	2.00	9:26	4:43	2	0:03	4	1:06	3.90	20:00	5:07	2	0:43	5	2:30