



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Cherek, Mara

Club: SG Hamburg West
Number: 794

Course: 3.90 km
3,9 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 20:00

Speed: 9.00 km/h
Running performance: 5:08 min/km

Rank in course/Total: 16 (of 49)

Rank in course/Women: 5 (of 20)

Best time in course: 17:30

Rank in category: 2(of 4)

Best time in the category: 19:17

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Prinzess Ilse Que | 1.90 | 10:34 | 5:33 | 3 | 0:40 | 7 | 1:24 | 1.90 | 10:34 | 5:33 | 3 | 0:40 | 7 | 1:24 |
| Ilseburg/Markt | 2.00 | 9:26 | 4:43 | 2 | 0:03 | 4 | 1:06 | 3.90 | 20:00 | 5:07 | 2 | 0:43 | 5 | 2:30 |