



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Unger, Manuel

Club: Lützen
Number: 834

Course: 3.90 km
3,9 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 26:16

Speed: 8.91 km/h
Running performance: 6:44 min/km

Rank in course/Total: 36 (of 49)

Rank in course/Men: 23 (of 29)

Best time in course: 14:32

Rank in category: 1(of 1)

Best time in the category: 26:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Prinzess Ilse Que	1.90	13:09	6:55	1	-	21	5:39	1.90	13:09	6:55	1	-	23	13:09
Ilseburg/Markt	2.00	13:07	6:33	1	-	25	6:05	3.90	26:16	6:44	1	-	23	11:44